

Dept. of Health & Human Services	\$8,448,902
County and Local Contracts	\$1,075,940
Iowa Dept.of Public Health	\$894,051
Dept. of Agriculture	\$867,004
In-Kind Contributions	\$692,605
Other Sources	\$577,159
Iowa Dept. of Human Services	\$151,908
Utility Companies	\$54,471
Dept. of Energy	\$31,151
County Contributions	\$22,000
Investment in fixed assets	\$19,399
CSBG Budgeted Co-Funding	\$57
<b>Total Revenues</b>	<b>\$12,834,647</b>



Salaries	\$3,301,856
Fringe Benefits	\$1,068,232
Energy Assistance	\$4,343,785
Contracted Services	\$714,069
In-kind Contributions	\$692,605
Day Care Provider Payments	\$613,850
Weatherization	\$514,414
Other	\$509,971
Supplies	373,437
Space Costs	\$230,070
Food	\$128,714
Travel	\$114,685
Depreciation Expense	\$68,676
Telephone	\$39,469
Insurance	\$13,752
Co-funding	\$119
<b>Total Expenditures</b>	<b>\$12,727,703</b>

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#### *Promise of Community Action*

*Community Action changes peoples lives, embodies the spirit of hope, improves communities and makes America a better place to live. We care about the entire community and we are dedicated to helping people help themselves and each other.*

# SIEDA

## FY 10 ANNUAL REPORT



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[www.SIEDA.org](http://www.SIEDA.org)

# SIEDA provided assistance to 17,968 individuals in 7,460 house-

## Head Start™

3-5 years of age that addresses not only the educational needs of the children but also the health, nutrition, social, mental health and literary needs. Bilingual staff are available to assist children and families who do not speak English or speak English as a second language. 324 children were enrolled in Head Start during 2009-2010 program year.

## Child and Adult Food Care Program (CACFP)

The Child and Adult Food Care Program (CACFP) provides registered childcare providers with nutrition education and assures that meals and snacks follow standard nutrition guidelines. Providers receive partial reimbursement for the cost of the meals and snacks. 148 providers participated in the program last year and 497,395 meals/snacks were reimbursed by the program.

## Parents As Teachers (PAT)

Parents As Teachers (PAT) is an in-home visitation program available for families with newborns through entry into kindergarten. The program follows a scientifically based curriculum that provides parents with information on child development from prenatal to age 5 and suggests learning opportunities that encourage the development of language, intellect, physical and social skill. The program served 435 families with 575 children last year.

## PAT Child Care Educators

Recognizing that more and more children are spending the majority of their waking hours with a childcare provider rather than with a parent, PAT specifically designed a curriculum for child care providers entitled "Supporting Care Providers Through Personal Visits". 92 providers participated in the PAT for Child Care Providers last year.

## Neighborhood Resource Centers

SIEDA's Neighborhood Resource Centers are multi-service centers housing most, if not all, of the services provided by the agency in that county. The Resource Center's Community Action Specialist provides

- Emergency Food & Clothing Referrals – 3,095
- Assistance with utility issues – 815
- Budget counseling – 729
- Low income housing applications/advocacy – 291
- Homelessness issues—referrals—149
- School Supplies— 508
- Referrals to other agencies & within SIEDA— 697

Neighborhood Resource Centers are located in each of the counties served by SIEDA. A Community Action Specialist manages each Resource Center.

## ARRA Stimulus CSBG Program

SIEDA received ARRA funding as part of the President's Economic Stimulus Package. The funding covers the period April 2009-Sept 2010. Last year 520 individuals received assistance with such things as preventing utility disconnection, reconnecting utility service, rent and rent deposits, child care, air conditioning/fans for medical reasons and car repairs.

## Disaster Recovery Case Management

Sieda Received a grant to provide Disaster Recovery Case Management to the disaster survivors of the 2010 disaster declared counties of Appanoose, Mahaska, and Wapello. Disaster case management is funded from Nov. 1, 2010 to June 1, 2011. There were approximately 1,253 individuals identified as possibly having unmet needs from the 2010 disaster in these 3 counties. Case managers were able to assist survivors with unmet needs to continue their recovery process. By making referrals to community resources and sought other resources that survivors may not have accessed.

## Parenting Wisely

10 individuals participated in the *Parenting Wisely*, a computerized parenting program.

## Family Development and Self Sufficiency (FaDSS)

The Family Development and Self Sufficiency (FaDSS) program is an intensive in-home counseling program for families receiving income assistance from the Department of Human Services. The basic program design recognizes that at-risk families face many issues and respond well to long term, intense personal interaction with trained staff to move to emotional and economic independence. 250 families were served by the FaDSS program last year.

## LIHEAP

The Low Income Energy Assistance Program (LIHEAP) is available to assist with partial payment of heating costs for qualified applicants. Applications may be made at any of the Neighborhood Resource Centers. The program provides several types of assistance. The amount of the payment is based on the family income, number of individuals in the family, type of housing and type of heating fuel used. 6,183 households received LIHEAP assistance during the year.

## Emergency Crisis Intervention Funds

Limited crisis funds are available for furnace repair/replacement, emergency payments for deliverable fuels and emergency payment of arrearages related to potential disconnections or reconnection of services. 311 households received Emergency Crisis Assistance.

## Weatherization

The Weatherization program works to tighten and insulate homes against the elements and to assure the safety of appliances by providing health and safety checks, furnace repair/replacement, refrigerator replacement, home insulation, minor repairs and client education. 83 homes were weatherized.

## Substance Abuse Services

SIEDA offers outpatient care of varying intensity for adults and adolescents affected by substance abuse. Outpatient services are individualized to the needs of the individual and may include:

- Extended Outpatient Treatment
- Intensive Outpatient Treatment
- Couples Counseling
- Group Counseling
- Family Counseling
- Urinalysis
- Referral
- Case Management

Last year 1,862 clients received direct services through the Substance Abuse Program.

## Drug Court

SIEDA Substance Abuse Services is an active participant in the Wapello County Drug Courts (Drug Court and Family Drug Court), providing a certified substance abuse counselor to function as a member of the team. Drug Courts works with substance-abusing offenders to help them recover from their addiction and avoid continued involvement in crime. Drug Court meets with the participants weekly in court and also requires that they are involved in treatment services, community service, frequent drug testing, and strict supervision.

## DUI Class

Classes are offered for individuals who have been arrested while driving intoxicated. The program helps participants estimate their level of risk for developing alcohol or other drug problems. It also helps the participant to develop a specific action plan to avoid further problems with alcohol or drugs and complies with the Iowa Department of Education and the Iowa Department of Transportation requirements under Iowa Law 321J2 and 321J17. 227 individuals attended DUI classes. The program is also available in Spanish—8 individuals attended the class in Spanish.

## Comprehensive Prevention

Due to the multi-faceted nature of substance abuse, our comprehensive prevention services are intended to impact all segments of the communities by providing information and education for the public. Prevention direct service hours (face-to-face contact hours) were 1,757 hours.

## Tobacco Cessation

The Tobacco Cessation project works extensively with youth to develop anti-smoking messages and support youth who chose not to use tobacco. 963 direct service hours were provided last year.