

## MIECHV Program Goals are to:

- ENSURE HEALTHY CHILD DEVELOPMENT
- PROMOTE POSITIVE PARENTING
- REDUCE CHILD ABUSE AND NEGLECT
- INCREASE SELF-SUFFICIENCY AND ACCESS TO PRIMARY CARE SERVICES



## MIECHV Program

MATERNAL INFANT EARLY CHILDHOOD  
HOME VISITATION

MIECHV is a federal program contracted through the Iowa Department of Public Health granted to Sieda Community Action of Appanoose and Wapello Counties. It is a Healthy Families America Model and utilizes the Partners for a Healthy Baby Home Visiting Curriculum through Florida State University Center for Prevention & Early Intervention Policy, and Growing Great Kids.

### SIEDA

SOUTHERN IOWA ECONOMIC DEVELOPMENT ASSOCIATION

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IN COLLABORATION WITH:



Supporting Growing Families to be  
Happy and Healthy through a  
Strength Based Approach

# Helping you help your family.

EMPOWERING HEALTHY FAMILIES

Family Support Workers will help you to understand your child's developmental needs and access community resources.

The MIECHV program serves families who:

- ARE PREGNANT OR HAVE CHILDREN UNDER 5
- LIVE IN APPANOOSE OR WAPELLO COUNTY
- WANT THEIR FAMILY TO BE HAPPY AND HEALTHY!



MIECHV Visits give you and your family an opportunity to discuss:

- WAYS FOR YOU TO HELP YOUR CHILD REACH THEIR MILESTONES
- WHAT TO EXPECT AS YOUR CHILD IS GROWING
- FAMILY BUDGETING AND FINANCE
- ARRANGING TRANSPORTATION
- CONTINUING YOUR EDUCATION
- FINDING EMPLOYMENT
- PRENATAL EDUCATION
- DISCUSSING HEALTHY NUTRITION
- PROBLEM SOLVING PARENTING ISSUES
- RECOGNIZING FAMILY NEEDS
- COMMUNITY RESOURCES YOUR FAMILY MAY BENEFIT FROM
- HOME SAFETY MEASURES
- CARING FOR YOU AND YOUR BABY'S NEEDS

We will meet with you and your family in your home on a regular basis to help you reach your family goals and support you to be happy and healthy.

Want to know more about the program and find out if you qualify? Just call us!

641.856.3988 or 641.682.8741