

Sieda Head Start Annual Report

Program Year

2018-2019

About Sieda Head Start

Mission:

- To provide young children and their families with positive experiences which promote healthy, self-sufficient, successful individuals within their communities.

Equal Opportunity Statement

- Iowa Non-Discrimination Notice:

"It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.7 and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office Building, 400 E. 14th St., Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; web site: <http://www.state.ia.us/government/crc/index.html>."

Head Start

Head Start addresses the educational needs of the children 3-5 years of age as well as the health, nutrition, social, mental health and literary needs. Head Start promotes school readiness by enhancing the social and cognitive development of children from low income families. Developmental growth is met through the provision of education, health (medical, dental, mental), nutrition, social services, and transportation. Parents are actively engaged in their children's learning and planning of Sieda's Head Start program. Bilingual staff are available to assist children and families who do not speak English or speak English as a second language. 313 children were enrolled in Head Start during 2018-2019 program year. In addition, blended funding allowed for Sieda community action to serve 324 preschool children.

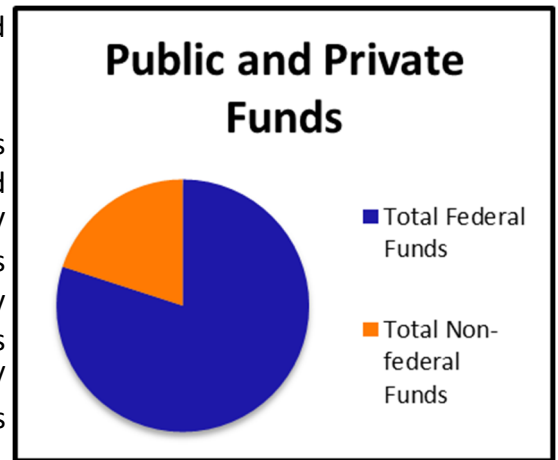
Total Amount of Public and Private Funds Received Program Year 2018-2019

Head Start and Non-Federal Match funding provide comprehensive services to 265 children across seven counties in southeast Iowa. Children are served in a **Center Based** program utilizing 10 facilities housing 39 classrooms. 81% of the budget provides salaries and fringe benefits for approximately 71 staff. The remainder of the budget provides health and dental services for children at no cost, travel reimbursement for staff, classroom, office and food service supplies,



training, transportation of children, equipment, facility repair, and all other expenses to operate a high quality program.

Other contracts include; mentally healthy classroom observations completed by River Hills Community Health Center, and transportation through 1015 Transit Authority. The local Title V Health program through American Home Finding provides assistance with health and nutrition services. Three local Early Childhood Iowa (ECI) Areas help to support transportation costs and/or extended day classes. The ECI areas include; IJK ECI (Iowa/ Jefferson/Keokuk Counties), Mahaska/Wapello (name same as counties served), 4 Counties for Kids (Appanoose, Davis Lucas, Monroe Counties), and Children First (Van Buren County).



Head Start also has partnerships with regional I-Smile Coordinator programs and River Hills Community Health Center to provide dental screenings and fluoride/varnishes for the children.

LINE ITEM	FEDERAL BUDGET	NON-FEDERAL BUDGET	TOTAL BUDGET
Personnel	\$1,291,005	\$0	\$1,291,005
Fringe Benefits	\$447,105	\$0	\$447,105
Travel	\$6,674	\$0	\$6,674
Equipment	\$31,500	\$0	\$31,500
Supplies	\$47,046	\$1,380	\$48,426
Contractual	\$15,900	\$20,000	\$35,900
Construction	\$0	\$0	\$0
Other	\$230,036	\$605,220	\$835,256
Indirect costs	\$207,852	\$0	\$207,852
Training/Technical Assistance	\$27,921	\$0	\$27,921
TOTAL	\$2,277,118	\$626,600	\$2,931,639

Budget for Program Operations



Explanation of Non-Federal Match Funds for Fiscal Year of 2018-2019

Transportation

1015 Regional Transit provided in-kind subsidies through regional, state and local funding sources.

Leases

Landlords lease to Head Start at less than market rate. Often utilities, janitorial, maintenance, lawn care, and snow removal are included in the lease agreement.

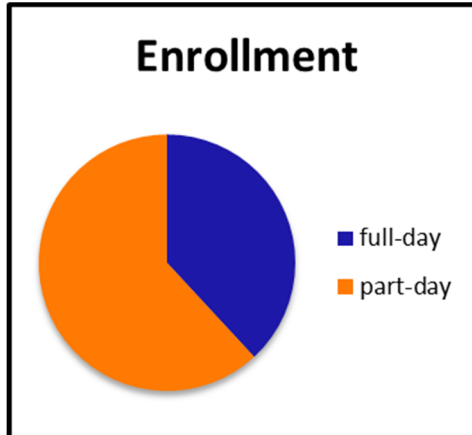
Volunteer Work

Volunteers are an integral piece in the overall effectiveness and operation of the Head Start program. Volunteers include Governing Board, Policy Council, Parent Committee members, and classroom volunteers (ie: guest readers, community partners with educational presentations, etc.). These classroom volunteers provide educational opportunities for children in both group activities and much needed 1 to 1 activities. Parent and other family volunteers help the teachers by assisting with activities and games, making name tags, and constructing materials to be used in the classroom (ie: cutting out laminated projects). Parent directed activities include field trips, Reading is Fundamental Parties, and Family Appreciation days which provide ample opportunities for parents and other family members to volunteer.

Local Match Funding

Head Start also benefits from local match funding through additional Early Childhood Iowa Areas grants, local foundations and service organizations. Use of local match funding examples include; curriculum, books, adult education activities, classroom and parent activities support.

Total Number of Children and Families Served, Average Monthly Enrollment



Sieda operates a center-based program 4 days per week following a school year calendar (August –May). Weekly days of attendance vary according to the county and school district classrooms are located in.

A total of 277 children were enrolled in full-day classes (7 or more hours); 36 children were enrolled in part-day classes (3.5 hours).

Per Head Start Performance Standards only 10% of families (5 children) served may have an income over 100% of poverty.

Per Head Start Performance Standards 10% of children enrolled must have an identified disability. Of the children enrolled 48 children have been

identified as having a disability.



Month	Head Start Enrollment
August 2018	90%
September 2018	96%
October 2018	99%
November 2018	98%
December 2018	99%
January 2019	98%
February 2019	98%
March 2019	97%
April 2019	98%
May 2019	99%

*Sieda Head Start does not offer a summer program.

Results of the Most Recent Review by the Office of Head Start and Financial Audit

Head Start is in full compliance with federal standards per 2018 CLASS and Focus Area 2 Federal Monitoring Reviews. Sieda Head Start received a Non-Competitive Continuation grant for a project period covering 2015 -2020 and began the fourth year of the 5 year grant cycle in December 2018.

Sieda met requirements of the agency Financial Audit in 2018.

Percentage of Enrolled Children that Received Health Services

91% of children had a medical home during the 2018-2019 program year. Additionally, 86% of the children received continuous, accessible dental care provided by a dentist. 89% of the children received preventive dental care. 96% of the children had health insurance (Medicaid, Hawk-I, private insurance, or Military Health insurance).

Support Today for Success Tomorrow

Head Start Parent: *“My child has learned to be more interactive with other children and made new friends.”*

Information about Parent Involvement Activities

Parent involvement encompasses a wide variety of activities. Fatherhood activities involved Dads in “Donuts for Dad” or “Dinner with Dad”. Other parent activities included classroom volunteers, assisting with field trips, attending the local Parent Center Committee or Policy Council meetings with several parents serving as officers of committees. Parents provide the majority of volunteer hours by assisting in the classroom and working on individual goals for the child’s education plan for the classroom



at home.

Family Literacy Nights continue to be successful. Math, Science, Language, Literacy, Character Building, Positive Behavior Support, and Family Relationship Building activities are incorporated into the monthly activity nights. These activities build awareness of how learning takes place in environments other than the classroom. Educational activities are sent home monthly to support individualized learning opportunities for children by extending the classroom-learning environment to the home environment.

Sieda is proud to say that 32% of the current Head Start staff are former Head Start parents or Head Start alumni.

Support Today for Success Tomorrow

“My daughter has learned a lot during her year in preschool, from writing her name to learning how to share with others, and learning her numbers!” -Head Start Parent

Agency’s Effort to Prepare Children for Kindergarten

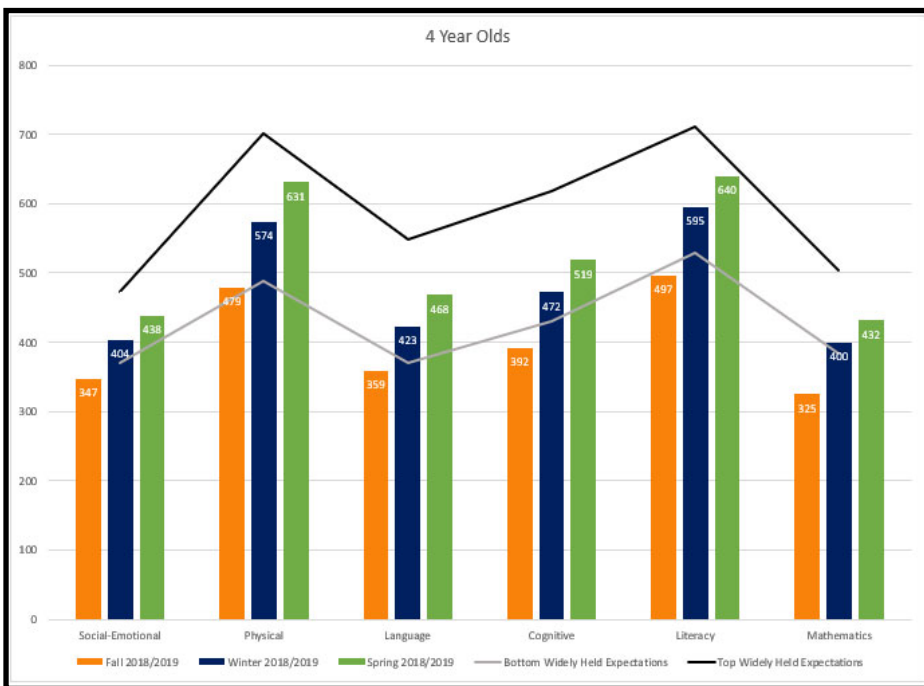
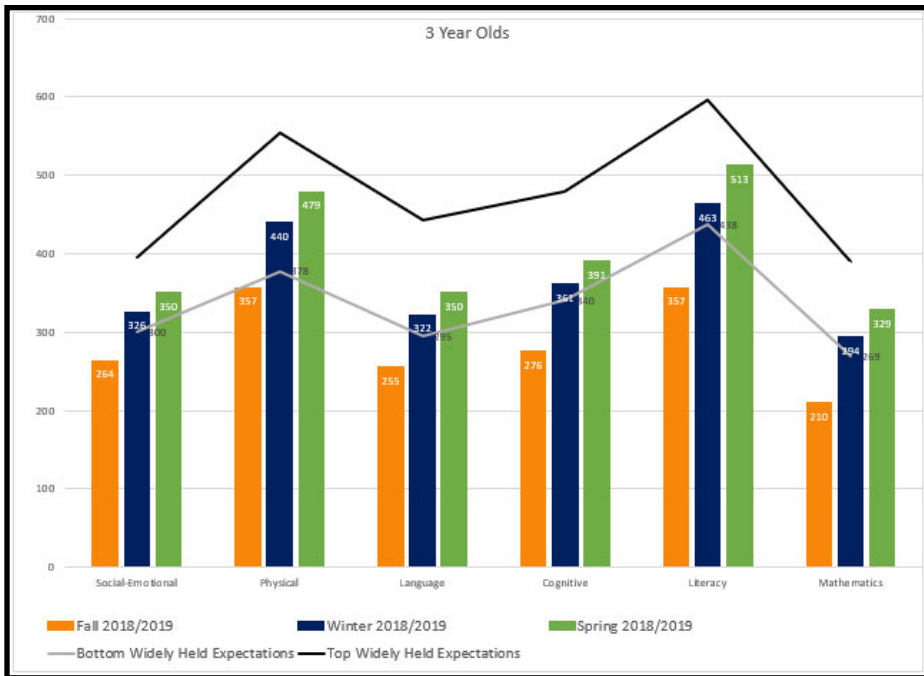
Sieda Head Start strives to meet 15 Kindergarten Readiness Goals:

Children will...

- Learn and follow classroom rules, routines, and directions.
- Engage in positive peer and adult relationships.
- Recognize and regulate emotions, attention, impulses, and behavior.
- Express interest, curiosity, and initiative in exploring creative fine arts.
- Begin and finish activities with persistence, attention, and cooperation.
- Comprehend and use communication and language for a variety of purposes, incorporating an increasingly complex and varied vocabulary.
- Have knowledge of the alphabet and phonological awareness.
- Demonstrate emergent writing skills and print concepts.
- Recognize, understand, analyze, and solve a problem.
- Use math in everyday routines to count, compare, relate, pattern, and problem solve.
- Have the ability to observe, investigate, and explore the world around them to gain knowledge in the areas of living things, physical properties, and the Earth’s environment.
- Acquire knowledge of self, family, and community diversity.
- Identify and practice healthy and safe habits.
- Develop large and fine motor skills.
- (English language learners) will listen, understand, and speak some English with increasing skill.



These kindergarten readiness goals are assessed using Teaching Strategies Gold. The following graphs compare Sieda Head Start child progress to National Widely Held Expectations for 3 and 4 year olds.



Curriculums Implemented to Meet Kindergarten Readiness Goals

The **Creative Curriculum** supports teachers' focus on student development within six overarching domains: social emotional, cognitive, language, literacy, math and physical.

Letter People are used to build phonemic awareness.

Picture Word Inductive Model (PWIM) is an instructional approach that uses pictures containing familiar objects, actions, and scenes, to draw out familiar words from students listening and speaking vocabularies. The purpose of using PWIM is to develop student's vocabulary and concepts about words. It has been researched and proven to be highly successful with pre-readers, beginning readers, and older readers. The PWIM strategy emphasizes phonics, grammar, mechanics, and usage of Standard English. Pictures provide concrete visuals for the learning of new words, phrases, and sentences. The picture word chart serves as an immediate reference, or picture dictionary. Students hear and see words spelled correctly. This is especially valuable for ELL students. PWIM can be used with a whole class, small groups, pairs, or individually to lead students to inquiry about words, adding those words to their vocabularies, and discovering phonetic and structural principles.

Child Portfolios, which contain a variety of work samples students have completed throughout the year, are maintained to document student skill mastery and progress and to share with parents and with school staff.

Sieda implements **Positive Behavior Intervention Support (PBIS)**, a behavior management model that builds social and emotional skills. Additional social-emotional curriculums include **Character Critters** and **Second Step**.

I am Moving I am Learning (IMIL) encourages physical activity and good nutrition to help fight childhood obesity.

Three Year Strategic Plan (2016-2019)

Sieda Head Start holds their services to high standards and always strives for future improvements. The goals for the 2018-2019 Strategic Plan include:

- Create a fiscally sound early childhood community with comprehensive services.
- Enhance the professional expectations of staff, programming, and program environments.
- Strengthen the knowledge of the community/staff/parents/grandparents of the diverse cultural values of the Head Start Program.
- Positively impact the current culture of the Sieda Board of Directors and Head Start Policy Council.
- Enhance communication systems by utilizing available technology..

Please direct inquiries in regard to annual report or to enroll children in Head Start program to:

Director, Child Development
641-682-8741 ext. 167
sieda.org

