sieda

COMMUNITY ACTION

ECONOMIC AND FAMILY SUPPORT SERVICES

MATERNAL INFANT EARLY CHILDHOOD HOME VISITATION

HEALTHY FAMILIES AMERICA AFFILIATE

Appanoose County

111 N Main Street
Centerville, Iowa 52544
641-329-4317

Wapello County

725 W. Second St.
Ottumwa, IA 52501
641-682-8741
641-207-3447

800-622-8340
sieda@sieda.org

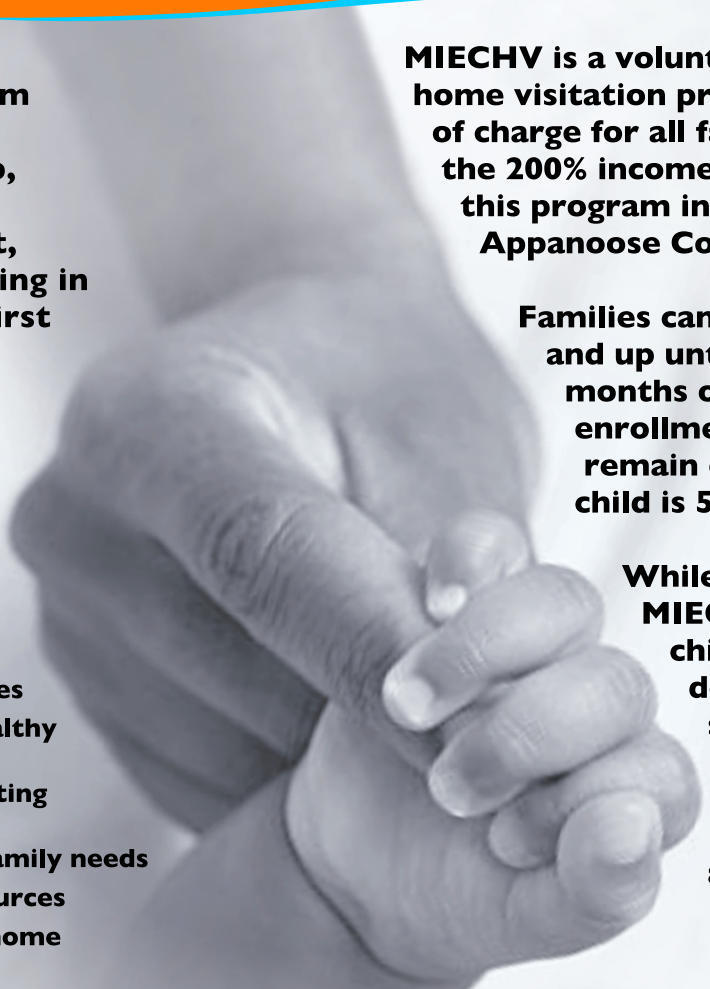
www.sieda.org

Helping you help your family.

The MIECHV: A Healthy Families America program works to strengthen the parent/child relationship, encourage healthy child growth and development, promote positive parenting in their role as the child's first teacher, increase self-sufficiency and access to primary care services, and prevent child abuse and neglect.

MIECHV visits support families by helping with:

- **Understanding child development and milestones**
- **Prenatal education and healthy nutrition**
- **Problem solving and parenting concerns**
- **Recognizing and meeting family needs**
- **Accessing community resources**
- **Practicing safety for your home and family**
- **Budgeting and financial issues**
- **Arranging transportation**
- **Continuing your education**
- **Finding employment**



MIECHV is a voluntary, consistent home visitation program that is free of charge for all families, at or below the 200% income line*. Sieda offers this program in Wapello and Appanoose Counties.

Families can enroll prenatally and up until the child is 3 months of age. After enrollment, families may remain enrolled until the child is 5 years of age.

While the focus of MIECHV is parent/child relationships, development and safety. MIECHV strives to support the whole family to be successful and happy.

Empowering healthy families.

MIECHV is a federal program contracted through the Iowa Department of Public Health (IDPH) granted to Sieda Community Action. Through the Healthy Families America (HFA) Model, MIECHV utilizes the Partners for a Healthy Baby Home Visiting Curriculum from the Florida State University Center for Prevention & Early Intervention Policy, and Growing Great Kids.

Healthy Families America® – AFFILIATE –

IDPH Iowa Department of Public Health

Iowa MIECHV MATERNAL | INFANT | EARLY CHILDHOOD | HOME VISITING

***www.sieda.org/poverty-guidelines/**