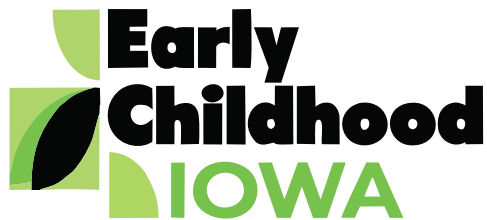




Parents as Teachers®  
*Model Affiliate*



Funding for Parents as Teachers  
is provided by:

Mahaska/Wapello ECI  
and  
Iowa/Jefferson/Keokuk ECI



## Sieda's Mission

Sieda Community Action works with communities to secure opportunities for people in need through advocacy, counseling, education, partnerships, and supportive services.

Funding for Sieda Parents as Teachers is provided by the Mahaska/Wapello and Iowa/Jefferson/Keokuk Early Childhood Iowa Areas. The Sieda PAT program is a PAT Model Affiliate and has been awarded the Iowa Family Support Credential.

## Service Policy

Sieda Community Action does not discriminate on the basis of race, creed, color, national origin, religion, sex, age, disability, pregnancy, military membership or veteran status, sexual orientation or gender identity status in determining eligibility or delivering services to clients or potential clients.

## Contact Us

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**sieda**   
COMMUNITY ACTION  
ECONOMIC AND FAMILY  
SUPPORT SERVICES  
PARENTS AS TEACHERS

## Home Visitation Services

Parents as Teachers (PAT) is an in-home visitation program for parents with children ages prenatal to through five. The PAT program provides parents with knowledge of child development and parenting support, provide early detection of developmental delays and health issues, prevents child abuse and neglect, and increases children's school readiness.

The PAT model includes one-on-one home visits, monthly group connections, developmental screenings, and a resource network for families. Parent Educators conduct the home visits using structured visit plans and guided planning tools. PAT Educators offer 24 home visits annually and offer a monthly Group Connection for PAT families. PAT serves families between pregnancy and kindergarten entry. PAT Educators provide parents with information on child development and suggest learning opportunities that encourage the development of language, intellect, and physical and social skills.

PAT is based on the national curriculum of the National Center for Parents as Teachers. All home visitors must attend training from the National Center and are certified PAT Educators.

Seventy-five percent of families enrolled in PAT must meet one enrollment criteria as outlined by Early Childhood Iowa.

- Have an income at or below 200% of the federal poverty level.
- Have a parent that has achieved a high school diploma or less education.
- Have a child that has a current Individualized Educational Program or Individualized Family Service Plan.

## Personal Visits

Personalized home visits by certified home visitation staff help parents understand what to expect in each stage of their child's development. The home visitors offer practical tips and activities on ways to encourage school readiness, early literacy, manage challenging behavior, and promote strong parent-child relationships. The program teaches parents simple techniques, based on scientific research that will stimulate the brain development of their child.

## Group Connections

Group connection formats include family activities, ongoing groups, presentations, community events, and parent cafés. Parents have an opportunity to gain new insights and to share their experiences, common concerns, and successes. Group Connections also provide the families with the opportunity to participate in parent-child activities.

## Screening/Evaluation

PAT offers periodic screening of overall development as well as health, hearing, vision, and social-emotional screening. The goal is to provide early detection of potential problems to prevent difficulties later in school.

## Resource Network

Parent educators partner with families to facilitate resource connections that help the family reach their goals and address their needs. Families can access other early childhood services integrated with the PAT program as well as get assistance in linking/referring families to community services that are beyond the scope of PAT program.

## Our Goals

- Empower parents
- Create a successful foundation for school and life
- Increase parental knowledge and confidence
- Enhance family relationships
- Prevent child abuse and neglect
- Early detection of delays
- Family –centered goal setting

***Parents are their children's first and most influential teachers.***

***The early years of a child's life are critical for optimal development and provide the foundation of success in school and in life.***