



Appanoose County

111 N Main Street
Centerville, Iowa 52544

Wapello County

725 W. Second St.
Ottumwa, IA 52501

Jefferson County

2200 W. Jefferson Ave.
Fairfield



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641-329-4317

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sieda 

**COMMUNITY ACTION
ECONOMIC AND FAMILY
SUPPORT SERVICES**

**MATERNAL INFANT EARLY
CHILDHOOD HOME VISITATION
HEALTHY FAMILIES AMERICA AFFILIATE**

Helping you help your family.

The MIECHV: A Healthy Families America program works to strengthen the parent/child relationship, encourage healthy child growth and development, promote positive parenting in their role as the child's first teacher, increase self-sufficiency and access to primary care services, and prevent child abuse and neglect.

MIECHV visits support families by helping with:

- Understanding child development and milestones
- Prenatal education and healthy nutrition
- Problem solving and parenting concerns
- Recognizing and meeting family needs
- Accessing community resources
- Practicing safety for your home and family

MIECHV is a voluntary, consistent home visitation program that is free of charge for all families. Sieda offers this program in Appanoose, Jefferson, and Wapello Counties.

Families can enroll prenatally and up until the child is 3 months of age. After enrollment, families may remain enrolled until the child is 5 years of age.

While the focus of MIECHV is parent/child relationships, development and safety. MIECHV strives to support the whole family to be successful and happy.

Empowering healthy families.

MIECHV is a federal program contracted through the Iowa Department of Health and Human Services (IOWA HHS) granted to Sieda Community Action. Through the Healthy Families America (HFA) Model, MIECHV utilizes the Partners for a Healthy Baby Home Visiting Curriculum from the Florida State University Center for Prevention & Early Intervention Policy, and Growing Great Kids.

