

Sieda Head Start Annual Report

Program Year

2021-2022

About Sieda Head Start

Mission:

- To provide young children and their families with positive experiences which promote healthy, self-sufficient, successful individuals within their communities.

Equal Opportunity Statement

- Iowa Nondiscrimination Statement:

"It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7 and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office Building, 400 E. 14th St., Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; web site: <https://www.icrc.iowa.gov/>."

Head Start

Head Start addresses the educational needs of the children 3-5 years of age as well as the health, nutrition, social, mental health and literary needs. Head Start promotes school readiness by enhancing the social and cognitive development of children from low income families. Developmental growth is met through the provision of education, health (medical, dental, mental), nutrition, social services, and transportation. Parents are actively engaged in their children's learning and planning of Sieda's Head Start program. Bilingual staff are available to assist children and families who do not speak English or speak English as a second language. There was a cumulative enrollment of 265 children in Sieda's Head Start Program during 2021-2022 program year. In addition, blended funding allowed for Sieda Community Action to serve an all encompassing amount of 736 preschool children.



Total Amount of Public and Private Funds Received Program Year 2021-2022

Head Start and Non-Federal Match funding provide comprehensive services to 265 children across seven counties in southeast Iowa. Children are served in a **Center Based** program utilizing 9 facilities housing 42 classrooms. 59% of the budget provides salaries and fringe benefits for approximately 86 staff. The remainder of the budget provides health and dental services for children at no cost, travel reimbursement for staff, classroom and office supplies, training, nutrition expenses, transportation of children, equipment, facility repair, and all other expenses to operate a high quality program.

Other contracts include; behavioral health classroom observations completed by River Hills Community Health Center and transportation through 10-15 Transit Authority. The local Title V Health program through American Home Finding provides assistance with health and nutrition services. Four local Early Childhood Iowa (ECI) Areas help to support transportation costs, extended day classes, and family engagement. The ECI areas include; IJK ECI (Iowa, Jefferson, Keokuk Counties), Mahaska/Wapello (name same as counties served), 4 Counties for Kids (Appanoose, Davis, Lucas, Monroe Counties), and Children First (Van Buren County).

Head Start also has partnerships with regional I-Smile Coordinator programs and River Hills Community Health Center to provide dental screenings and fluoride/varnishes for the children.

Budget for Program Operations

<i>Budget Category</i>	<i>Program Operations</i>	<i>Training Technical Assistance</i>	<i>Non-Federal Share</i>
Personnel	\$1,563,701	\$11,025	\$0
Fringe Benefits	\$524,608	\$3,969	\$0
Travel	\$0	\$5,067	\$0
Equipment	\$0	\$0	\$0
Supplies	\$35,830	\$0	\$0
Contractual	\$96,300	\$0	\$15,000
Construction	\$0	\$0	\$0
Other	\$159,454	\$6,095	\$649,541
Total Direct Charges	\$2,379,893	\$26,156	\$664,541
Indirect Charges	\$250,349	\$1,765	\$0
Total	\$2,630,242	\$27,921	\$664,541



Explanation of Non-Federal Match Funds for Fiscal Year of 2021-2022

Leases

Landlords lease to Head Start at less than market rate. Often utilities, janitorial, maintenance, lawn care, and snow removal are included in the lease agreement.

Volunteer Work

Volunteers are an integral piece in the overall effectiveness and operation of the Head Start program. Volunteers include the Governing Board, Policy Council, Parent Committee members, and classroom volunteers (i.e. guest readers, community partners with educational presentations, etc.). These classroom volunteers provide educational opportunities for children in group activities and/or beneficial and individual 1 on 1 activities. Parent and other family volunteers help the teachers by assisting with activities and games, making name tags, and constructing materials to be used in the classroom (i.e.: cutting out laminated projects). Parent directed activities include field trips, literacy family events, Field Day, activity calendars, and Family Appreciation days which provide ample opportunities for parents and other family members to volunteer.

Local Match Funding

Head Start also benefits from local match funding through additional Early Childhood Iowa Areas grants, local foundations and service organizations. Use of local match funding examples include; curriculum, books, adult education activities, classroom and parent activities support.

Total Number of Children and Families Served, Average Monthly Enrollment

Sieda operates a center-based program 4 days per week following a school year calendar (August –May/June). Weekly days of attendance vary depending on the county and school district in which classrooms are located.

A total of 265 children were enrolled in full-day classes (7 or more hours).

Per Head Start Performance Standards only 10% of families served may have an income over 100% of poverty.

Per Head Start Performance Standards 10% of children enrolled must have an identified disability. Of the children enrolled 44 children have been identified as having a disability.



Month	Head Start Enrollment
August 2021	89%
September 2021	93%
October 2021	92%
November 2021	92%
December 2021	92%
January 2022	90%
February 2022	91%
March 2022	91%
April 2022	90%
May 2022	88%

*Due to the COVID-19 pandemic, Head Start waived the full enrollment requirement.

*Sieda Head Start does not offer a summer program during the months of June and July.

Results of the Most Recent Review by the Office of Head Start and Financial Audit

Head Start is in full compliance with federal standards per Focus Area 1 Federal Monitoring Review in October of 2021. Sieda Head Start received a Non-Competitive Continuation grant for a project period covering 2020-2025 and began the first year of the 5 year grant cycle in December 2020.

Due to multiple transitions within the agency's fiscal department, required financial reports for the Head Start program, specifically the SF425 and SF429A, were not filed in a timely manner. This resulted in a finding surrounding reporting within the agency's annual audit completed in 2022.

Percentage of Enrolled Children that Received Health Services

99% of children in the Sieda Head Start program had a medical home during the 2021-2022 program year. 93% of the children received preventative dental screenings. 99% of the children had health insurance.

Support Today for Success Tomorrow

"I believe my student has improved in MANY ways educationally, emotionally, and socially." - Anonymous parent from the Head Start Parent Survey 2022-2023

Information about Parent Involvement Activities

Parent involvement encompasses a wide variety of activities. Fatherhood activities involved Dads in "Donuts for Dad" or "Dinner with Dad". Other parent activities included classroom volunteers, assisting with field trips, attending the local Parent Center Committee or Policy Council meetings with several parents serving as officers of committees. Parents provide the majority of volunteer hours by assisting in the classroom and working on individual goals for the child's education plan for the classroom .



Family Literacy Nights continue to be successful. Math, Science, Language, Literacy, Character Building, Positive Behavior Support, and Family Relationship Building activities are incorporated into the monthly activity nights. These activities build awareness of how learning takes place in environments other than the classroom. Educational activities are sent home monthly to support individualized learning opportunities for children by extending the classroom-learning environment to the home environment.

Sieda is proud to say that 22% of the current Head Start staff are former Head Start parents or Head Start alumni.

Agency's Effort to Prepare Children for Kindergarten

Support Today for Success Tomorrow

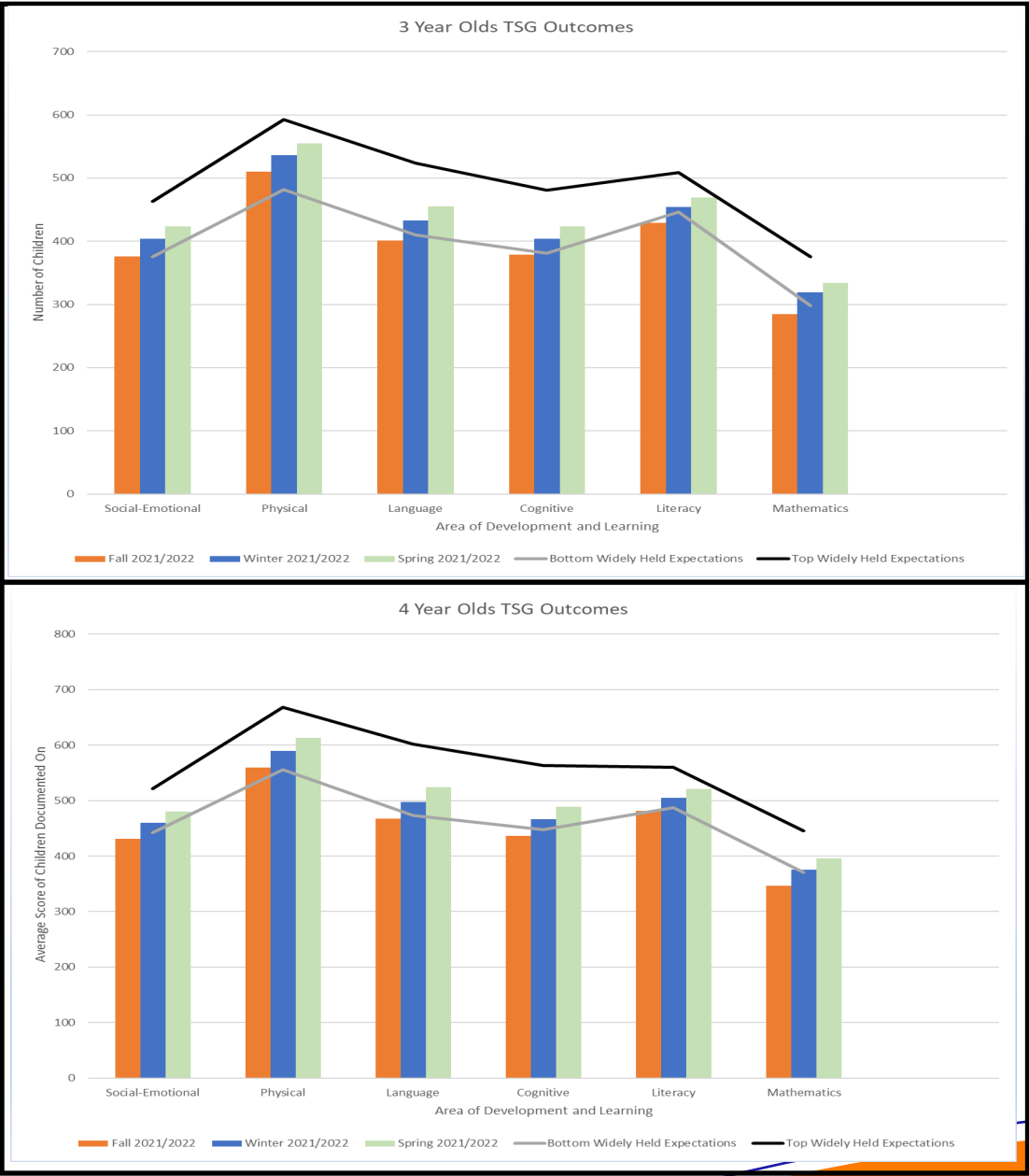
"We're thankful for a program such as this one that helps to develop young children and gives them structure. The staff care about each and every child and their progress." - Anonymous parent from the Head Start Parent Survey 2022-2023

Sieda Head Start strives to meet 15 Kindergarten Readiness Goals: Children will...

- Follow classroom rules and routines with increasing independence.
- Engage and maintain positive relationships and interaction with adults and other children; Engage in prosocial and cooperative behavior with adults; Engage in cooperative play with other children; use basic problem-solving skills to resolve conflicts.
- Recognize and regulate emotions, attention, impulses, and behavior.
- Express interest, curiosity, and initiative in exploring creative fine arts.
- Begin and finish activities with persistence, attention, and cooperation.
- Comprehend and use communication and language for a variety of purposes, incorporating an increasingly complex and varied vocabulary.
- Have knowledge of the alphabet and phonological awareness.
- Demonstrate emergent writing skills.
- Recognize, understand, analyze, and solve a problem.
- Use math in everyday routines to count, compare, relate, pattern and problem solve.
- Have the ability to observe, investigate, and explore the world around them to gain knowledge in the areas of living things, physical properties, and the Earth's environment.
- Acquire knowledge of self, family, and community diversity.
- Identify and practice healthy and safe habits.
- Develop large and fine motor skills.
- English language learners will listen, understand, and speak some English with increasing skill.



These kindergarten readiness goals are assessed using Teaching Strategies Gold. The following graphs compare Sieda Head Start child progress to National Widely Held Expectations for 3 and 4 year olds.



Curriculums Implemented to Meet Kindergarten Readiness Goals

The Creative Curriculum supports teachers' focus on student development within six overarching domains: social emotional, cognitive, language, literacy, math and physical.

Letter People are used to build phonemic awareness.

Picture Word Inductive Model (PWIM) is an instructional approach that uses pictures containing familiar objects, actions, and scenes, to draw out familiar words from students listening and speaking vocabularies. The purpose of using PWIM is to develop student's vocabulary and concepts about words. It has been researched and proven to be highly successful with pre-readers, beginning readers, and older readers. The PWIM strategy emphasizes phonics, grammar, mechanics, and usage of Standard English. Pictures provide concrete visuals for the learning of new words, phrases, and sentences. The picture word chart serves as an immediate reference, or picture dictionary. Students hear and see words spelled correctly. This is especially valuable for ELL students. PWIM can be used with a whole class, small groups, pairs, or individually to lead students to inquiry about words, adding those words to their vocabularies, and discovering phonetic and structural principles.

Child Portfolios, which contain a variety of work samples students have completed throughout the year, are maintained to document student skill mastery and progress and to share with parents and with school staff.

Sieda implements **Positive Behavior Intervention Support (PBIS)**, a behavior management model that builds social and emotional skills. Additional social-emotional curriculums include **Character Critters** and **Second Step**.

I am Moving I am Learning (IMIL) encourages physical activity and good nutrition to help fight childhood obesity.

Five Year Program Goals (2021-2025)

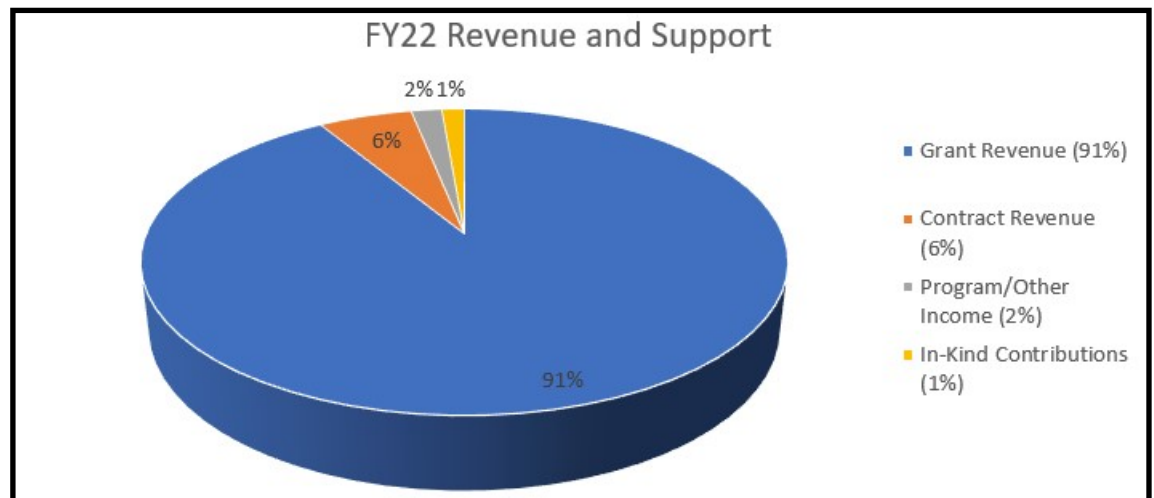
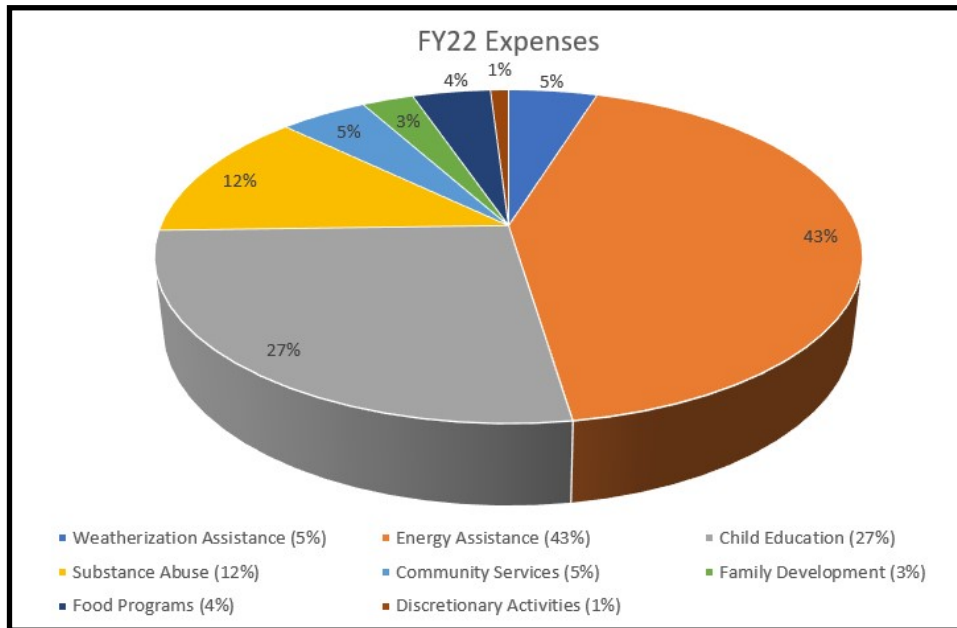
Sieda Head Start holds their services to high standards and always strives for future improvements. The goals for the 2021-2022 Strategic Plan include:

- Create a fiscally sound early childhood community with comprehensive services.
- Enhance the professional expectations of staff, programming, and program environments.
- Strengthen the knowledge of the community/staff/parents/grandparents of the diverse cultural values of the Head Start Program.
- Positively impact the current culture of the Sieda Board of Directors and Head Start Policy Council.
- Enhance communication systems by utilizing available technology.



FY22 Southern Iowa Economic Development Association dba Sieda

Community Action Program Revenue and Expenses by Category



Please direct inquiries in regard to annual report or to enroll children in Head Start program to:

Liz Fairchild
 Director, Child Development
 641-682-8741
sieda.org

